## WEEK 1 🐚

Things you will need for this week: colour pencils or crayons, water paint, printer, yoga mat or a mattress to do yoga

**Guidelines and tips:** The activities can be done in any order. Assist the child to do all activities. Make sure you sign each activity once it is completed. File each sheet day wise before you bring it to school. Take a printout of the given worksheets and make the child do the activities. If a printer is not available, draw the picture given for Art and Craft on a sheet of paper and make the child do the activity.

Read each story to the child with appropriate stresses and voice modulation. Then, encourage him/her to tell the story himself/herself. Discuss the moral of the story.

Ask questions related to the story such as: Who is the story about? What is the problem in the story? How is it solved? How did the story end? How does the main character feel in the end? What is your favourite part of the story?

**Recite every day:** Recite the rhyme to the child with action with proper stress and voice modulation. Make the child repeat it after you. Do this every day till the time the child can recite the rhyme independently. You can follow the given link to show the animated rhyme to the child.

https://www.youtube.com/watch?v=4UVozY9dq58

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Chubby cheeks, dimpled chin Rosy lips, teeth within Eyes are blue, lovely two Teacher's pet, is that you? Yes, yes, yes.



VIVA EDUCATION

# Who Am I

I am a red fruit. I have many small seeds. My name begins with A. Who am I?

MONDAY

#### A as in Apple

A says 'a-a-a' as in apple. Say apple and find out yourself.

Say the names of these pictures. They also begin with 'a' sound as in apple.





#### Ally Alligator Has a Toothache

Ally is a baby alligator. He is very lazy. He does not like to brush his teeth before sleeping at night. One day Ally eats an apple and goes to sleep without brushing his teeth. That night, some germs enter Ally's mouth. They are very happy to see small pieces of apple and other things in his teeth.

"Wow! Apple and so many things!"

They eat the food stuck to Ally's teeth and decide to stay in his mouth. After some days, Ally's teeth start paining. "Mummy my teeth are paining. Please take me to a doctor."

Mummy and papa alligator take him to the dentist. He gives Ally some bitter medicines and tells Ally to brush his teeth in the morning and at night every day. Ally takes the

medicines and starts brushing his teeth properly in the morning and at night. The germs don't get anything to eat in his mouth and go away. Ally is happy now.

Moral of the story: We must brush our teeth twice a day.

VIVA EDUCATION



#### Say Fast

Say 'Appy Apple, Happy Apple' very fast and have fun.

### Fun with Colours

Colour the baby alligator.

